

Field Houses

Field houses have traditionally served the role of providing year-round climate-controlled spaces that can accommodate a wide variety of indoor sports and recreation activities. Depending on ownership structure and programming opportunities these indoor spaces may be used by sports leagues, individuals, different organizations, and community drop-in play. These indoor facilities are commonly designed to be flexible space so that programming can accommodate a range of activities. (For example, basketball courts may be constructed to include in-floor sleeves that will hold posts for volleyball nets when the basketball courts are not in use or batting cage nets are suspended above an indoor turf field and are brought down for practice when the field is not in use.)

In many cases, these types of fieldhouses are a stand-alone facility that offer only dedicated to sports and recreation activities. In the case of Arlington County and in keeping with the JFAC, the preferred recommendation would be that a joint facility be constructed that would allow other uses to be co-located.

Several examples of traditional fieldhouses can be found in the general area of Arlington County. These include:

- NOVA Fieldhouse, Chantilly, VA: <http://novafieldhouse.com/>
- Fairfax Sportsplex, Springfield, VA: <http://www.fairfaxsportsplex.com/>
- Dulles Sportsplex, Sterling, VA: <http://www.dullessportsplex.com>

There are many examples of multi-activity centers (MACs) that demonstrate the ability to successfully blend sports and recreation facilities with other programming uses. These include:

The Ronald Regan Sports Park: <http://temeculaca.gov/Facilities/Facility/Details/Ronald-Reagan-Sports-Park-18> and particularly the community recreation center on the property: <http://temeculaca.gov/780/Community-Recreation-Center-CRC>

Another example is the Basin Recreation Field House, Park City UT
<http://basinrecreation.org/fieldhouse.html#top>

And, Sidwell Friends Athletic Center

http://www.sidwell.edu/about_sfs/environmental-stewardship/green-buildings/athletic-center/index.aspx

And, Apex Field House

Arvada, CO

<http://apexprd.org/facilities/apex-field-house>

Additional information on best practice and the design/engineering of these types of facilities may be found here:

<http://www.athleticbusiness.com/uncategorised/maximizing-field-house-investment-through-improved-design.html>

Discussion of the benefits of co-location may be found here. Although not specific to parks, this is an interesting overview of the strengths of this approach in general:

<https://www.bdcnetwork.com/fusion-facilities-8-reasons-consolidate-multiple-functions-under-one-roof>